

SOLO RESETS

Lite Reset

A short but nourishing escape to breathe, reset and come back to yourself.

4 NIGHTS · 5 DAYS

From £2,080

High season rate (May–October). Low season from £1,660.

WHAT'S INCLUDED

- ✓ Airport transfers
- ✓ Daily breakfast, lunch and dinner
- ✓ Tea, coffee, snacks, and fresh spring water
- ✓ Pre-retreat planning & post-retreat support
- ✓ 3 days of guided activities and excursions

NOT INCLUDED

- ✗ Accommodation
We don't include this so you can choose where to stay — style, location and budget are yours to decide. We're happy to advise.
- ✗ Flights & travel to Crete
Book what works best for you. We'll guide you on timings.
- ✗ Travel insurance
Required — please arrange comprehensive cover before travel.
- ✗ Alcohol
Our retreats are an opportunity to go alcohol-free — we see this as part of the reset itself. A chance to cleanse, feel clearer, and get the most from every moment.

WHAT YOU SHOULD KNOW

AVAILABLE

Year-round.

LOW SEASON RATES

Reduced rates available Nov–Apr.

LOCATION

Rethymno area, West Crete.

NEAREST AIRPORTS

Chania (CHQ) or Heraklion (HER).

FITNESS LEVEL

No requirement. Sessions tailored to you.

WHAT TO BRING

We'll send a full list a month before.

Ready to take the leap?

Book a free 30-minute discovery call — no obligation, just a conversation. Got questions? Email us at hello@findyourmagicrotretreats.com

BOOK A DISCOVERY CALL

SEND US AN EMAIL

We reply within 48 hours.