

# Lite Reset

From £1,150pp

Group of 5, high season (May–October).

Groups of 3–4 and couples available —  
rates from £1,240pp.

*A short but nourishing escape to breathe, reset and come back to yourself.*

## WHAT'S INCLUDED

- ✓ Airport transfers
- ✓ Daily breakfast, lunch and dinner
- ✓ Tea, coffee, snacks, and fresh spring water
- ✓ Pre-retreat planning & post-retreat support
- ✓ 3 days of guided activities and excursions

## NOT INCLUDED

- ✗ Accommodation  
*We don't include this so your group can choose where to stay — style, location and budget are yours to decide. We're happy to advise.*
- ✗ Flights & travel to Crete  
*Book what works best for your group. We'll guide you on timings.*
- ✗ Travel insurance  
*Required — please arrange comprehensive cover before travel.*
- ✗ Alcohol  
*Our retreats are an opportunity to go alcohol-free — we see this as part of the reset itself. A chance to cleanse, feel clearer, and get the most from every moment.*

## WHAT YOU SHOULD KNOW

### PRICING

Calculated according to group size. The larger the group, the lower the per-person rate.

### LOW SEASON RATES

Reduced rates available Nov–Apr.

### LOCATION

Rethymno area, West Crete.

### NEAREST AIRPORTS

Chania (CHQ) or Heraklion (HER).

### FITNESS LEVEL

No requirement. Sessions tailored to you.

### WHAT TO BRING

We'll send a full list a month before.

## Ready to take the leap?

Book a free 30-minute discovery call — no obligation, just a conversation. Got questions? Email us at [hello@findyourmagicretreats.com](mailto:hello@findyourmagicretreats.com)

BOOK A DISCOVERY CALL

SEND US AN EMAIL

*We reply within 48 hours.*